

## **ALLERGIES – Parent Information**

According to the charity Allergy UK, around 21 million adults in the UK have at least one allergy, while half of children and under-18s have one or more allergies

Some Mortimer students have severe nut allergies, we would request parents to encourage their children not to bring food containing nuts into college.

Please access the following link regarding food allergies:

<http://www.southtyneside.gov.uk/article/21747/Food-allergies>