

Yr10 Sports Studies Week 6

I hope you and your families are well!

As part of our Outdoor Education assignment we need to understand **how participating in outdoor activities can help skill development**. An area we need to look at is **Problem Solving Skills**. Please complete the task below by filling in the table. Remember greater detail and explanation allows us to get the distinction criteria when we write this up!

Outdoors experiential learning helps students enhance their communication by allowing students to work as a team and solve problems on expeditions. Students lead group discussions, share their ideas, share feedback and resolve conflicts.

How can sports develop your problem solving skills?

What type of outdoor activities would require good problem solving skills?
Search the internet for some sports/activities you may not have heard of.

What problems might you come across if you were outdoor climbing?

While on your expedition for the DofE award what problems you need to overcome?