



Year 7

Year 8

Year 9

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Year 11

Autumn 1: Life Beyond School: Life in the Living World

New School, New You? Making a good impression

How can you become part of Mortimer's community

Aspiration: taking advantage of what is on offer (extracurricular)

Are you making good friends? (Links to peer pressure)

Developing self-discipline, good attendance, punctuality etc

Financial Education: What is the point in money?

Making a fresh start - New Year, Good role models

Have you got high aspirations?

How do friendships and relationships change as you grow up? Link to gangs

How can social media impact upon relationships?

What is love? (Friendships, romance, self-love, changing friendships)

Is anything worrying you? (Accessing support in school)

Making a fresh start. Good role models

Happiness and contentment (Aspirations for the next three years)

How can you contribute positively to society and the wider community

What does being an adult mean? (Saving/Managing money)

How can we support out wider community?

How do people cope with change?

Making a fresh start - Transition to KS4

Why do people end up joining gangs?

How can you break from negative influences?

Why do people carry weapons and what are the consequences?

How can people move on from negative experiences?

Why are positive role models so important?

The final countdown begins

How do you manage a budget?

Why do we have the welfare state?

How do people end up in debt? Consequences?

Importance of saving and consumer rights

What is financial exploitation? Where to go for help?



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Autumn 2: Sex and Relationships

Healthy, respectful relationships (on and offline)

What makes a good friend

Consent and boundaries

Self Esteem

Bullying (Contextual Focus) and being a bystander

Sexual Harassment

How can people improve their self-worth?

What does an unhealthy relationship look like?

How does the media present different relationships?

Evaluating expectations for romantic relationships

What is coercion and how can you communicate consent?

What happens when a relationship ends?

How are your relationships changing?

Sexual consent and the law

Delaying sexual activity

How to stay safe online?

What are the risks of sexting? Managing peer pressure

Sexual Harassment and stalking

How can social media foster unhealthy relationships?

What is child on child abuse?

What are the dangers of sexting?

What constitutes sexual harassment and sexual violence

Do intimate relationships have to involve sex?

What are the risks involved in being sexually active?

What are your core relationship values?

Should relationships be enjoyable?

Myths, assumptions and misconceptions around sex, gender and relationships
Impact of media on sexual attitudes, expectations and behaviours

Sexual activity and consent

Asexuality, abstinence and celibacy

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Spring 1: How can we make sure we make safe decisions?

What is anti-social behaviour?	Smoking and vaping - What are the risks?	Is online data accurate and reliable?	What are your employment rights as a young person?	What is modern slavery?
Alcohol: How does it damage the body?	Alcohol: How can it affect us?	What is the impact of antisocial behaviour on communities and individuals?	What financial risks exist online?	What is domestic abuse?
Smoking and Vaping - Why are they bad for you?	What are the dangers of illegal drugs?	Alcohol - What damage can it do to individuals and society?	What is addiction and dependency?	What is FGM, forced marriage and honour-based violence?
How do drugs such as caffeine and antibiotics affect us?	What impact can addiction have on society?	What are the dangers of addiction: Smoking and Vaping	Why can prescription drugs be dangerous?	What are the dangers of online gambling?
What is county lines? An introduction.	What is your digital footprint? Why should you be mindful of what content you share?	What are the laws relating to illegal drugs?	Is alcohol and drug use linked to sexual harassment and violence?	Economics education
Why is privacy important?	Why is online grooming so dangerous and what measures can you take to protect you?	How can you be aware of your personal safety and why is culture changing?	Who is Sarah Everard, Sasha Nessa, Claire Wood and Sarah Payne?	How can you protect yourself financially both now and in the future?

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Spring 2: How can we maintain our own physical and mental health?

How can we recognise our emotions?	What is mental health? How to talk about it and where to get help?	What can cause young people to feel anxious or suffer from low mood?	What is mental health?	What factors can impact fertility and what help is available for people to have a baby?
How can we manage our emotions?	Making positive choices: Mental attitude and aspirations	What is the role of social media in social anxiety and FOMO?	What are the risk factors associated with cancer and heart disease?	Are you ready to become a parent?
Making positive choices: Being active	Managing emotions: Anger, disappointment and frustration	How can people learn to cope with anxiety and low mood?	What is blood, organ and stem cell donation and why is it necessary?	What is abortion?
Making positive choices: Managing screen time and sleep routines	How do we adjust to changes that come with puberty?	How can relationships be ended sensitively and how can people cope with the change?	How do people cope with bereavement?	What is a miscarriage and still birth? SANDs?
Personal hygiene and self-esteem.	Why can the media have a negative impact on self-esteem? (airbrushing, filters and photoshop)	What is the NHS and how do you access its services?	What does it mean to be a young carer and what support might they need?	How do you check for breast and testicular cancer?
Why can the media have a negative impact on self-esteem?	Why should you be careful about what you share online about yourself?	What is self-harm and what support is available to help people cope?	What economic consequences can poor health have? What support is available?	How are you getting ready for your exams?

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Summer 1? How can we promote democratic understanding and social action?

Why is politics important?	What is social action and why is it important?	What makes us British?	British values: A right or privilege	British Values: A right or privilege
How is the country run?	Social action: How can we bring about change? A focus on climate change	How can we become more sustainable in society?	What are civil liberties and why are they important to us?	What is the difference between criminal law and civil law?
What do the main political parties stand for?	How can voting in elections bring about change?	How can breaking the law impact different groups in society?	How do our human rights lead to positive responsibilities?	Should the first past the post system be scrapped?
What is the point in voting in elections?	At what age is someone able to take responsibility for their own actions?	What does it mean to be radicalised?	How do we look after the rights of others?	What happens to the media during elections?
How and what do they debate in parliament?	How are laws made and enforced in the UK?	What action can be and is being taken to prevent radicalisation?	How do we look after the rights of others?	How do different countries govern themselves?
What are civil rights and liberties and how do they affect me?	What punishments can be given for breaking the law?	How do we create community cohesion?	What can you do to bring about change?	How can we maintain respect and understanding in our society?

SMSC at Mortimer

Summer
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Celebrating diversity

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Summer 2? How can we ensure we promote inclusion for all?

What does Multiculturalism mean?	What are the Protected characteristics? A recap	The UK: Elections and the electoral system	Multicultural Britain: Why is important to be kind?	
What is your identity?	Homophobia in school and society?	What is parliamentary democracy and the UK constitution?	What are the Protected Characteristics and why are they important? Recap	
What is the significance of the Equality Act?	How do we show support and inclusion for all?	What are the roles of the executive, legislative and judiciary? What about free press?	How do international organisations support society?	
How can we breakdown stereotypes?	Challenging homophobia in society	How can citizens influence decisions?	How do we look after others through aid?	
Does prejudice and discrimination exist?	Why are the protected characteristics so important?	The legal system in the UK - Living under the rule of law	Exploring world issues	
How does the UK interact with other nations?	Working together to improve communities and community cohesion	What types of partnerships exist in UK law? (Marriage, cohabitation and civil partnership)	Exploring world issues	